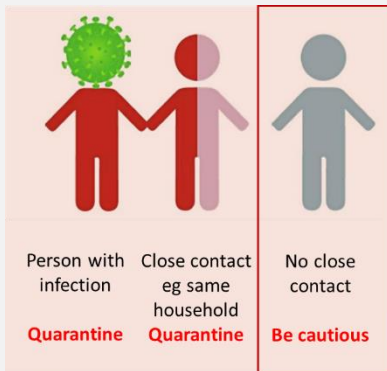


# Measures against coronavirus: Guidance for “category II contacts” (lower risk of infection)

## What does “category II contact” mean?



According to the Robert Koch Institute (RKI) classification, category II contacts are those who have not had close contact (eg less than 15 minute face-to-face) with someone who has tested positive and who do not show any symptoms of the disease.

Nevertheless, we ask you to observe a few things over the following days to protect your own health as well as the health of us all:

Image adapted from: Kreisgesundheitsamt Coesfeld

### General health and hygiene guidelines!

1. Continue to follow the general health and hygiene guidelines carefully and consistently (frequent hand-washing, coughing/sneezing into the crook of your arm, ventilation etc).

### Reduce contacts and remain cautious!

2. Over the next 14 days, reduce contact with others and make sure that the minimum distance of 1.5m is observed and that you wear a face mask.

### Symptoms of illness?

3. If you experience health problems such as fever, cough, sore throat, cold symptoms, shortness of breath and/or loss of smell or taste in the next few days, please contact your family doctor by telephone and discuss the next steps with them. You will find more detailed information in the RKI information sheet [COVID-19: Do I have it and what should I do? Guidance for the public](#)

## CAMPUS COVID SCREEN

### Can I get myself tested for free?

Under the following conditions it is possible to participate for free in the CAMPUS COVID SCREEN:

- ✓ You are **not** a category I contact, according to the definition of the *Gesundheitsamt* (public health department) **and**
- ✓ You do **not** have any of the above-mentioned symptoms

### How can I take part in testing?

You will find all the information here: <https://ccs.uni-goettingen.de/>

For queries about CAMPUS COVID SCREEN, email: [ccs@uni-goettingen.de](mailto:ccs@uni-goettingen.de)